

Abuja Municipal Area Council (AMAC)

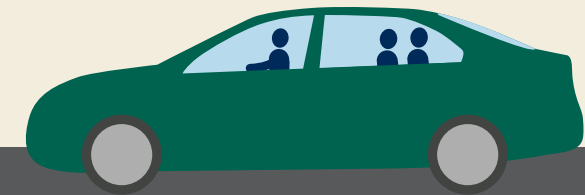


AMAC is taking climate action. Here is how you can help your city become greener, healthier and more resilient to climate change



Rethink our travel habits

USE PUBLIC TRANSPORT WHERE POSSIBLE



WALK AND CYCLE IF POSSIBLE



GIVE HOUSEHOLD WASTE TO DESIGNATED OPERATORS FOR PROPER DISPOSAL



AVOID OPEN DEFECATION BY USING TOILET FACILITIES PROVIDED



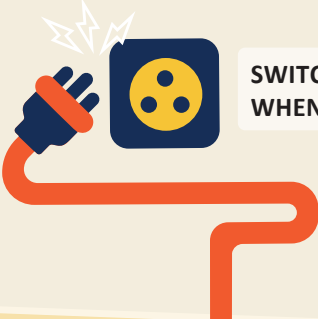
DO NOT THROW WASTE ON THE ROADS, IN GUTTERS, STORMWATER DRAINS OR CANALS



Keep our city clean



Save energy where possible

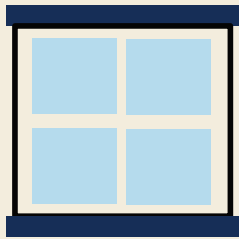


SWITCH OFF APPLIANCES WHEN NOT IN USE

SWITCH TO ENERGY SAVING BULBS



USE NATURAL LIGHTING AND VENTILATION WHERE POSSIBLE



USE IMPROVED COOKSTOVES, LPG OR ELECTRICITY TO COOK INSTEAD OF WOOD AND CHARCOAL



Did you know?

BENEFITS OF CLEAN COOKSTOVES INCLUDE:

- REDUCE SMOKE AND SOOT THAT IS HARMFUL TO HEALTH
- SAVE COOKING TIME AND MONEY OVER TIME

Switch to clean cooking



Protect yourself from climate hazards and extreme weather

STAY OUT OF THE SUN AND HYDRATE DURING HEATWAVES



DO NOT WASTE DRINKING WATER, ESPECIALLY DURING TIMES OF DROUGHT



BOIL WATER FROM UNSAFE SOURCES BEFORE CONSUMPTION TO AVOID GETTING SICK



IF THERE'S A FLOOD, LISTEN TO THE MUNICIPAL RADIO FOR INSTRUCTIONS



By taking action and supporting our city with our climate and energy challenge, we will have:

BETTER HEALTH AND CLEANER ENVIRONMENT



BETTER QUALITY OF LIFE



BETTER ATTENTION PAID TO VULNERABLE POPULATIONS



MORE JOBS AND OPPORTUNITIES



Covenant of Mayors in Sub-Saharan Africa

CoM SSA is co-funded by:

